How did you find out about this program?
I joined Biology Without Borders as a freshman and initially heard about their yearly trips to Peru and Tanzania then. I decided that the Peru trip was a good fit for me because the trip was a perfect length and at a good time for me. The Peru trip was three weeks right after spring semester.

What was your most memorable experience?
One morning we all woke up at like 3:30 a.m. and took a bus to a small town where we had been volunteering at a girls home for the past few days. Two of the older girls in the home had offered to show us up one of the mountains in the town. It took hours just to get to the top and it was definitely the hardest thing I have ever done, but the view from the top was spectacular.

What did you learn or gain from your time abroad?
My time in Peru also gave me a different perspective of medicine and public health in another culture as it was very different from here in America. Going to a different country with a small group of people that I initially didn’t know forced me to step out of my comfort zone, and I’m so glad I did because I now have some good memories and great friends.

Why should CBS students go abroad?
I think that CBS students should go abroad because it is a great learning experience, even if you don’t take any classes. You also get really close with the people you go with as well as meeting many new friends.

Student Scoop
Major: Neuroscience

What advice she has for CBS students looking to study abroad: “If you don’t want to go for an entire semester you should definitely look into going for a few weeks over winter or summer break.”