

## Academic Probation Appointment

### Summary

To support continued growth, students on academic probation are required to meet with an academic advisor to address challenges and establish a plan for moving forward. Prior to the appointment, students should reflect on past experiences that may have contributed to their probationary status. During the appointment, students will discuss motivation, strategies, and goals with their advisor to form an Academic Success Contract. Advisors will also cover the University of Minnesota academic probation policies which are outlined here:

<http://www.cbs.umn.edu/students/academic-probation-and-suspension>

### How to Prepare

To ensure you get the most out of your advising appointment, please complete the following action steps prior to your appointment.

- Complete the pre-appointment survey which will be sent to you from CBS Student Services
- Reflect on your previous semester and consider your goals for the upcoming term
- Consider your registration plan and ensure you have completed prerequisites and have a balanced, manageable course load of no more than 10-11 credits of math/science

### Reflective Questions

Below are reflective questions to consider as you prepare for your advising appointment.

- What do you feel is the reason you are on academic probation?
- How do you define success as a college student?
- What happened in the previous semester(s) that was out of your control? What was in your control?
- What changes have you already made to be successful in the coming semester?
- How will you change your behavior to be successful in the coming semester?
- What are your goals for the coming year both inside and outside of the classroom?
- Do you know of any resources or opportunities on campus to help you achieve your goals?

### Learning Outcomes Addressed/Goals

Self-Awareness

Independence and Interdependence

Responsibility and Accountability