A SIMPLE GUIDE TO
INTEGRATED METABOLISM MEETINGS
SECOND, THIRD, AND FOURTH MONDAYS OF THE MONTH

Welcome to Integrated Metabolism (IM)! We’re super excited for this coming semester and for our conversation topics this year. This infographic can help you see what a typical meeting structure might look like!

FIRST MEETING (2ND MONDAY OF THE MONTH)

TOPIC INTRODUCTION
This meeting will start out with introducing our topic, along with sharing information we already know, identifying what we don’t know, and just discussing prospective research that could be done!

SECOND MEETING (3RD MONDAY OF THE MONTH)

IN-DEPTH RESEARCH
Here we will start narrowing in on our topic, and looking at some literature to see if there is any conclusive information found on the topic, and what that means for everyday life.

THIRD MEETING (LAST MONDAY OF THE MONTH)

DISCUSSION TIME!
This will be the last meeting on the chosen topic, where we will talk about information we’ve found, draw conclusions as a group, watch a video to help complete the picture, or have a guest speaker!

Then join us next month for a new topic!