Launch Workshop

Summary
The last semesters of college are exciting, challenging, and filled with new opportunities and experiences. All students with 75%+ of their degree requirements completed are invited to participate in a group advising workshop with CBS Student Services staff. During this workshop students will review remaining degree requirements, reflect on meaningful college experiences and discuss how to market them in future interviews, and build awareness of challenges they may experience in the transition to post-college life, and develop strategies to manage them.

How to Prepare
To ensure you get the most out of your Launch Workshop, please complete the following action steps prior to attending:

• Complete the pre-workshop survey which will be sent to you from CBS Student Services
• Reflect on your meaningful college experiences and be prepared to discuss how you can market them in future interviews
• Review your APAS and update your graduation planner
• Remember to bring a device (phone, laptop, tablet, etc.) to be used during the degree planning portion of the workshop

Reflective Questions
During the workshop, an Academic Advisor and Career Coach will guide you in planning for your post-college transition and goals. Below are reflective questions to consider as you prepare for the workshop:

• What transitions do you anticipate experiencing after graduating?
• How do you plan to account for your personal, professional, and scholarly goals?
• What on- and off-campus resources have you used to help prepare you for your future goals? Are there additional resources you plan to seek out?
• What meaningful experiences have you had in college? What additional experiences do you plan to gain?

Learning Outcomes Addressed/Goals
Independence and Interdependence
Resilience
Goal Orientation